WINTER HOLIDAYS







HOLIDAYS AT HOME SERIES

BROUGHT TO YOU BY THE COLUMBIANA COUNTY HEALTH DISTRICT

Different religions and cultures celebrate many different holidays through the winter season. This year those celebrations will have one common theme, staying safe by staying apart. We stay apart to keep our family and loved ones safe, so that in the future we will be able to again come together, safe and healthy. Celebrating apart doesn't mean you can't still enjoy your family and friends!

Here are some fun ideas on how to spend quality time with our loved ones from afar:

- Organize a Griswold Christmas light competition with your friends and neighbors, you can even coordinate a date for drive by judging!
- Reach out by phone, letter or video call to those not with you during the holidays and send your warmest wishes, funniest memory and the top reasons why you are grateful to have them in your life.
- Plan a socially distanced chili cook off, where participants individually package and drop off their soup submissions to each other, plan to judge the entries via video call so everyone is sure to see the look of joy or dismay on the judges faces.
- Start a new tradition of sending Christmas cards or Holiday greetings to your friends and family. If you typically send cards, make them more meaningful by including a hand written note.
- When the snow is right, plan a snowman building competition in a large area such as a park- so everyone can be at least 6 foot from each other. Who can build the tallest or fattest snowman?
- Christmas cookies bring everyone good cheer, share your family recipes or share your cookies themselves in a cookie exchange.
- Make it a family mission to empty your closets of all of the winter coats, hats, gloves, scarves, booths and blankets that are no longer used and donate them to those less fortunate.
 - Host a virtual New Year's celebration complete with noise makers and games like a scavenger hunt or a dance-off competition.

Just like 2020 so far, the holiday season will be difficult, but with a little creativity we can still involve those we care about and make lasting memories while remaining safe and staying apart.

