Ohio Department of Health recommended options for quarantine following possible COVID-19 exposure:

Recommended: 14-day quarantine to minimize risk of transmission.

Or

Required: 10-day quarantine, provided there are no symptoms

Or

Minimum: 7-day quarantine with a negative (-) **NON-RAPID** test done on at least day 5 of the quarantine period, provided there are no symptoms.

(Your work or school may require proof of your negative test result.)

Special Consideration: Household contacts may be in quarantine <u>up to</u> **24 days.** Household contacts are in quarantine during the entire isolation period for the positive person, and then **one of the above options** applies starting the last day of the positive person's isolation period.



December 3, 2020