

# QUARANTINE GUIDELINES



The CDC recently announced a decrease in the length of time a person must quarantine – in some cases – if they come in close contact with someone who tests positive for COVID-19.

Effective immediately, Am-Po Public Schools will follow the new guidelines:



## TEST

Has had no symptoms and tests negative within the last 48 hours of the quarantine

## 7 DAYS



monitor symptoms for 7 additional days and follow best practices, including wearing a mask and practicing social distancing.\*



## NO TEST

Has had no symptoms and takes no test at the end of quarantine

## 10 DAYS



monitor symptoms for 4 additional days and follow best practices, including wearing a mask and practicing social distancing.\*

## STAY SAFE ...

**WASH UP**

**MASK UP**

**BACK UP**

\*If symptoms emerge, isolate immediately and seek testing.