

## Nokomis Regional Middle School

### Risk/Warning Form

Warning, agreement to obey instructions and report injuries. I am aware that playing or practicing to play/participate in any sport can be a dangerous activity involving many risks or injury. I understand that the dangers and risks of playing or practicing to play/participate in the chosen sport include, but not limited to: death, serious neck and spinal injuries, which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of my body, general health and well being. I understand that the dangers and risks of playing or practicing to play/participate in the chosen sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living and engage in other business, social and recreational activities.

Because of the dangers of participating in the chosen sport, I recognize the importance of following the coaches instructions regarding playing and training technique, team rules, etc. and agree to obey such instructions.

In consideration of RSU #19 permitting me to try out for the chosen sport and engage in all activities related to that team, including, but not limited to: trying out, practicing or play/practicing in that sport, I hereby assume all risk associated with such participation.

In addition, we agree to release and hold RSU #19 and its employees, agents, representatives, coaches and volunteers harmless from any and all claims arising from any injury or harm in connection with my child's participation in the chosen sport. I also agree to report all injuries to my coach within 24 hours of its occurrence.

Student grade: \_\_\_\_\_ Please list the sports your child plans on participating in this school year:

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Student signature

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Date

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Signature of Parent/Guardian

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Date

Please be advised that extra-curricular activities are public, your child's photo may be published at anytime without notice.

Nokomis Regional Middle School  
Waiver and Release

It is understood the following is in effect and applies during the period of time that

\_\_\_\_\_ (name of student) of RSU #19 is actively participating in school activities.

No student of RSU #19 can participate in an authorized athletic activity without adequate coverage as provided by a protective insurance policy.

My child named above will be covered by the following insurance policy:

Insurance Company: \_\_\_\_\_

Policy Holder: \_\_\_\_\_

Policy Number: \_\_\_\_\_

The undersigned (jointly and severally), agree to hold harmless and indemnify RSU #19, its directors, agents, and employees from any and all liability, loss or damage it or they may suffer as a result of claims, demands, costs or judgements against it or them arising out of any injury or injuries to:

\_\_\_\_\_ (name of student) which arises out of or in the course of participation in school athletics.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date