

Please see
change in
hours of
operation
below

Mendocino County Behavioral Health Warm Line

1-707-472-2311

Toll Free Number: 1-833-955-2510

The Warm Line is a telephone-based non-crisis support that provides emotional support and compassion for Mendocino County residents. The Warm line is free and confidential. Individuals do not need to have a behavioral health concern to call, if an individual is feeling stressed, isolated, overwhelmed, or needs emotional support the Warm Line offers a resource to provide that support.

The Warm Line is available Monday – Saturday from 7:30 AM – 6:00 PM.

Individuals that call outside the business hours and leave a message will receive a call the next business day.

Los servicios están disponibles en Español

24/7 Toll Free Crisis Line

If you are experiencing a mental health crisis (a danger to oneself or others) and need help right away, call:

1-855-838-0404

