

CDC/ISHD Quarantine Guidance

Adopted by the Randolph Central School Board on 12-08-20

Randolph Central, after consultation with the Randolph County Health Department, will begin to reduce the number of days that isolation is required during a quarantine based on one of the CDC's options to reduce quarantine days. **Of the options given by the health department neither of these options is available if the COVID-19 positive person that the quarantined individual came into close contact with is in their own home.** There are two CDC options to return sooner that RCSC has reviewed, and one will be implemented with strict protocols in place:

1. **Option #1** - Return on day 11 (not 10) without testing - **See additional requirements below**
 - a. **Grades 6-12**, Schools are not seeing significant spread of COVID-19. This will be a great strategy to reduce the number of days a grade 6-12 student is out of school in quarantine. With the hybrid schedule at these grades levels it will be possible to maintain six feet social distance for the students coming back from quarantine on day 11.
 - b. **Grades 3-5**, This is possible in these grades because of double-sized classrooms. Recess will have to be conducted in a separate area or inside for students returning on day 11-14 of their quarantine to make sure social distancing is maintained. These students may also need to go to the restroom and have a different hallway procedure to ensure social distancing.
 - c. **Grades K-2**, Because of the close nature of learning, teaching, and K-2 students, these students will need to complete the full 14 day quarantine before returning to school.
2. **Option #2** - Return on day 7 after receiving a negative test result (test must occur on day 5 or later) - **This option will not be considered at this time because the ISHD has asked schools to wait for further guidance sometime after January 1st.**

Option #1 Requirements:

- a. Watch for symptoms until 14 days after exposure. If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider and the school nurse. If there are any symptoms on days 1-10 reducing the time of quarantine may or may not be an option depending on when the symptoms appear and if/when the symptoms have subsided.
- b. **The student's temperature must be taken twice per day while in the school building.**
- c. Wear a mask at all times except when eating or drinking. NO option to remove the mask in the classroom when all students are seated and facing forward.
- d. Stay at least 6 feet from others.
- e. Wash hands and use hand sanitizer often.
- f. Avoid crowds.
- g. **It is not possible to maintain 6 feet social distance on a school bus. Therefore, parents must provide transportation for the child returning on days 11-14 of the quarantine period.**
- h. Athletes (ECA) can begin to practice as long as a-g in this section are followed diligently during practices. The athlete cannot participate in contests until the entire 14 day quarantine period has been completed.

CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus.