## TECC BREAKFAST DECEMBER

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>
| Pancake on a Stick  
Syrup  
Orange Smiles  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cereal  
Graham Crackers  
Red Grapes  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cinnamon Sugar Oatmeal  
WG Pop Tart  
Fresh Apple Slices  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cereal  
Whole Grain Toast  
Jelly Packet  
Banana  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice |        |
| 7      | 8       | 9         | 10       | 11     |
| Cereal  
Chocolate Elf Grahams  
Orange Smiles  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cheesy Scrambled Eggs  
Whole Grain Toast  
Apple Wedges  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cereal  
Graham Crackers  
Red Grapes  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | WG Pancakes  
SYRUP  
Apple Wedges  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cereal  
Graham Crackers  
Banana  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice |
| 14     | 15      | 16        | 17       | 18     |
| Cereal  
Whole Grain Toast  
Apple Wedges  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Trix Yogurt  
Graham Crackers  
cheese stick  
Orange Smiles  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cereal  
WG Pop Tart  
Red Grapes  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | WG Pancakes  
SYRUP  
Fruit Variety  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice | Cereal  
Graham Crackers  
Fruit Variety  
Chocolate Milk 1%  
White Milk 1%  
Apple Juice |

---

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER.