

## Jourdanton Independent School District

**Food Allergy/Disability Food Substitution Request Form**

**SECTION A:** To be completed by Parent/Guardian. Form must be completed in its entirety in order for any diet modifications to be made. Incomplete forms will be returned. **PLEASE RETURN COMPLETED FORM TO THE SCHOOL NURSE.**

**Student's Name (Last, First):** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Student ID#:** \_\_\_\_\_ **Grade/Teacher:** \_\_\_\_\_

**Which meals will the student eat from the school cafeteria?** (Check all that apply)

☐ Breakfast ☐ Lunch ☐ Dinner ☐ None *if student does not eat from the cafeteria, modifications will not be arranged)*

Does the child have a **life-threatening food allergy?** (Check box) ☐ No ☐ Yes (If yes, Physician completes section B)

Has the child been prescribed an **EpiPen?** (Check box) ☐ No ☐ Yes (If yes, please provide one to school nurse)

Does the child have a **Disability requiring diet modification?** (Check box) ☐ No ☐ Yes (If yes, Physician completes section C)

**I understand that if my child's medical or health needs change, it is my responsibility to notify the school nurse/office. I give Child Nutrition Service and/or School Nurse permission to speak with the Physician listed below to discuss the dietary needs described on this form. Also, I understand that this request must be renewed each school year and any further modifications will require a new form.**

**Printed Name** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**\*\*\*\*Sections B and C: To Be Completed By A Licensed Physician or Recognized Medical Authority\*\*\*\***

**Section B: Life-Threatening Food Allergy**

☐ All Dairy Products

**Life-Threatening Food Allergy - Check all foods to be omitted from diet:**

☐ Eggs ☐ Fish ☐ Peanuts ☐ Milk ☐ Shellfish ☐ Soy ☐ Tree nuts ☐ Wheat ☐ Corn ☐ Other

**Specify:** \_\_\_\_\_

Can the student consume foods where the allergen is an ingredient in a product? ☐ Yes ☐ No

(I.e. Can consume eggs in baked goods, but not scrambled eggs.) (I.e. Can consume soy oil but not whole soy beans or TVP)

**Explain:** \_\_\_\_\_

**Safe Food Substitutes:** \_\_\_\_\_

**Section C: Disability**

**Disability:** \_\_\_\_\_

**Major life activity affected by the disability (check all that apply):**

☐ Breathing ☐ Seeing ☐ Speaking ☐ Performing manual tasks ☐ Learning  
☐ Eating ☐ Hearing ☐ Walking ☐ Caring for one's self ☐ other: \_\_\_\_\_

**Type of Diet:** ☐ Regular ☐ Soft Mechanical ☐ Chopped ☐ Blended ☐ Pureed ☐ Liquid: Clear ☐ Thickened

**Foods to be omitted:** \_\_\_\_\_

**Safe Food Substitutes:** \_\_\_\_\_

**Licensed Physician Name (print):** \_\_\_\_\_ **Physician Signature:** \_\_\_\_\_ **Date:** \_\_/\_\_/\_\_  
**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Received by JISD Nurse on** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Campus Nurse Name:** \_\_\_\_\_

**Copy to Cafeteria Manager: Date Sent** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Copy to Nutrition Services: Date Sent** \_\_\_\_/\_\_\_\_/\_\_\_\_ **CN>NK** \_\_\_\_/\_\_\_\_/\_\_\_\_