



# JANUARY | 2021

## BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>28</b> NO SCHOOL WINTER BREAK</p>	<p><b>29</b> NO SCHOOL WINTER BREAK</p>	<p><b>30</b> NO SCHOOL WINTER BREAK</p>	<p><b>31</b> NO SCHOOL WINTER BREAK</p>	<p><b>1</b> NO SCHOOL WINTER BREAK</p>
<p><b>4</b> Rice Krispie Treat Fruit Juice Milk</p> <p>Calories-441, Carbs-77, Protein-10</p>	<p><b>5</b> Pancakes Fruit Cup Juice Milk</p> <p>Calories-510, Carbs-93, Protein-13</p>	<p><b>6</b> Banana Bread Fruit Juice Milk</p> <p>Calories-441, Carbs-83, Protein-11</p>	<p><b>7</b> French Toast Sticks Fruit Cup Juice Milk</p> <p>Calories-571, Carbs-84, Protein-18</p>	<p><b>8</b> Pop Tarts Fruit Juice Milk</p> <p>Calories-461, Carbs-94, Protein-10</p>
<p><b>11</b> Muffin Fruit Juice Milk</p> <p>Calories-441, Carbs-68, Protein-11</p>	<p><b>12</b> Breakfast Pizza Fruit Cup Juice Milk</p> <p>Calories-460, Carbs-63, Protein-22</p>	<p><b>13</b> Yogurt Goldfish Crackers Juice Milk</p> <p>Calories-401, Carbs 71, Protein-16</p>	<p><b>14</b> Cocoa Bread Fruit Juice Milk</p> <p>Calories-441, Carbs-83, Protein-11</p>	<p><b>15</b> Cereal Bars Banana Juice Milk</p> <p>Calories-431, Carbs-97, Protein-10</p>
<p><b>18</b> NO SCHOOL</p>	<p><b>19</b> Waffles Fruit Cup Juice Milk</p> <p>Calories-460, Carbs-86, Protein-13</p>	<p><b>20</b> Donut Sticks Fruit Juice Milk</p> <p>Calories-461, Carbs-83, Protein-11</p>	<p><b>21</b> Blueberry Pancakes Fruit Cup Juice Milk</p> <p>Calories-431, Carbs-104, Protein-13</p>	<p><b>22</b> Pop Tarts Fruit Juice Milk</p> <p>Calories-461, Carbs-94, Protein-10</p>
<p><b>25</b> String Cheese Beef Stick Grahams Juice Milk</p> <p>Calories-450, Carbs-63, Protein-20</p>	<p><b>26</b> Pancakes Fruit Cup Juice Milk</p> <p>Calories-431, Carbs-104, Protein-13</p>	<p><b>27</b> Chocolate Donuts Fruit Cup Juice Milk</p> <p>Calories-441, Carbs-83, Protein-11</p>	<p><b>28</b> Yogurt Goldfish Crackers Juice Milk</p> <p>Calories-401, Carbs 71, Protein-16</p>	<p><b>29</b> Cereal Bars Fruit Cup Juice Milk</p> <p>Calories-431, Carbs-97, Protein-10</p>

