



JANUARY | 2021

BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 NO SCHOOL WINTER BREAK	29 NO SCHOOL WINTER BREAK	30 NO SCHOOL WINTER BREAK	31 NO SCHOOL WINTER BREAK	1 NO SCHOOL WINTER BREAK
4 Rice Krispie Treat Fruit Juice Milk Calories-441, Carbs-77, Protein-10	5 Pancakes Fruit Cup Juice Milk Calories-510, Carbs-93, Protein-13	6 Banana Bread Fruit Juice Milk Calories-441, Carbs-83, Protein-11	7 French Toast Sticks Fruit Cup Juice Milk Calories-571, Carbs-84, Protein-18	8 Pop Tarts Fruit Juice Milk Calories-461, Carbs-94, Protein-10
11 Muffin Fruit Juice Milk Calories-441, Carbs-68, Protein-11	12 Breakfast Pizza Fruit Cup Juice Milk Calories-460, Carbs-63, Protein-22	13 Yogurt Goldfish Crackers Juice Milk Calories-401, Carbs 71, Protein-16	14 Waffles Fruit Cup Juice Milk Calories-460, Carbs-86, Protein-13	15 Cereal Bars Banana Juice Milk Calories-431, Carbs-97, Protein-10
18 NO SCHOOL	19 Cocoa Bread Fruit Juice Milk Calories-441, Carbs-83, Protein-11	20 Donut Sticks Fruit Juice Milk Calories-461, Carbs-83, Protein-11	21 Blueberry Pancakes Fruit Cup Juice Milk Calories-431, Carbs-104, Protein-13	22 Pop Tarts Fruit Juice Milk Calories-461, Carbs-94, Protein-10
25 String Cheese Beef Stick Grahams Juice Milk Calories-450, Carbs-63, Protein-20	26 Pancakes Fruit Cup Juice Milk Calories-431, Carbs-104, Protein-13	27 Chocolate Donuts Fruit Cup Juice Milk Calories-441, Carbs-83, Protein-11	28 Yogurt Goldfish Crackers Juice Milk Calories-401, Carbs 71, Protein-16	29 Cereal Bars Fruit Cup Juice Milk Calories-431, Carbs-97, Protein-10

