



# KINSHIP CAREGIVER SUPPORT GROUP

THE LAST MONDAY OF EVERY MONTH

**12PM-1PM VIA ZOOM**

UPCOMING DATES:

DECEMBER 28

JANUARY 25

FEBRUARY 22

MARCH 29

Parenting is tough; parenting a second time can be even harder. This group aims to bring grandparents and other relative caregivers together to celebrate successes, mourn losses, problem solve for the hard times, and give support to one another. We hope you can join us to hear from other kinship caregivers and learn more about resources and opportunities that are available in your community.

This program is sponsored by the Family Resource Center of Central NH and the Greater Tilton Area Family Resource Center.

For more information, please contact:

Melissa Shadden-Cyr

(603) 460-5285 or [Melissa.Shadden-Cyr@LRCS.org](mailto:Melissa.Shadden-Cyr@LRCS.org)

Or

Patricia Eisner

(603) 286-4255 or [PEisner@GTA-FRC.org](mailto:PEisner@GTA-FRC.org)

To Register, please follow this link: <https://www.lrcs.org/parentedregistration/>

**ARE YOU RAISING  
A GRANDCHILD,  
NIECE OR NEPHEW,  
OR OTHER  
RELATIVE?**

**ARE YOU  
INTERESTED IN  
LEARNING ABOUT  
RESOURCES  
AVAILABLE IN  
YOUR  
COMMUNITY?**

**WOULD YOU LIKE  
TO CONNECT WITH  
OTHER RELATIVE  
CAREGIVERS IN  
YOUR AREA?**

**DO YOU  
NEED  
SUPPORT?**

**YOU ARE NOT  
ALONE**

**We hope you'll  
join us for this  
monthly lunch  
hour group.**

 LRCS  
**FAMILY RESOURCE  
CENTER**

*Engage. Empower. Inspire.*

