

# WCS

## CDC UPDATES:

## DECEMBER 2020





# Glossary



## **QUARANTINE**

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

## **ISOLATE**

Isolation separates sick people with a contagious disease from people who are not sick.

## **ASYMPTOMATIC**

The absence of symptoms.







# ASYMPTOMATIC

## Confirmed Close Contact **without TEST**

### NEW PROTOCOL

Quarantine Reduced to 10 Days

### WITHOUT TEST

Monitor symptoms through day 14.

Stay home if symptoms occur.

Do not test "just to shorten quarantine."







# ASYMPTOMATIC

## Confirmed Close Contact **with** TEST

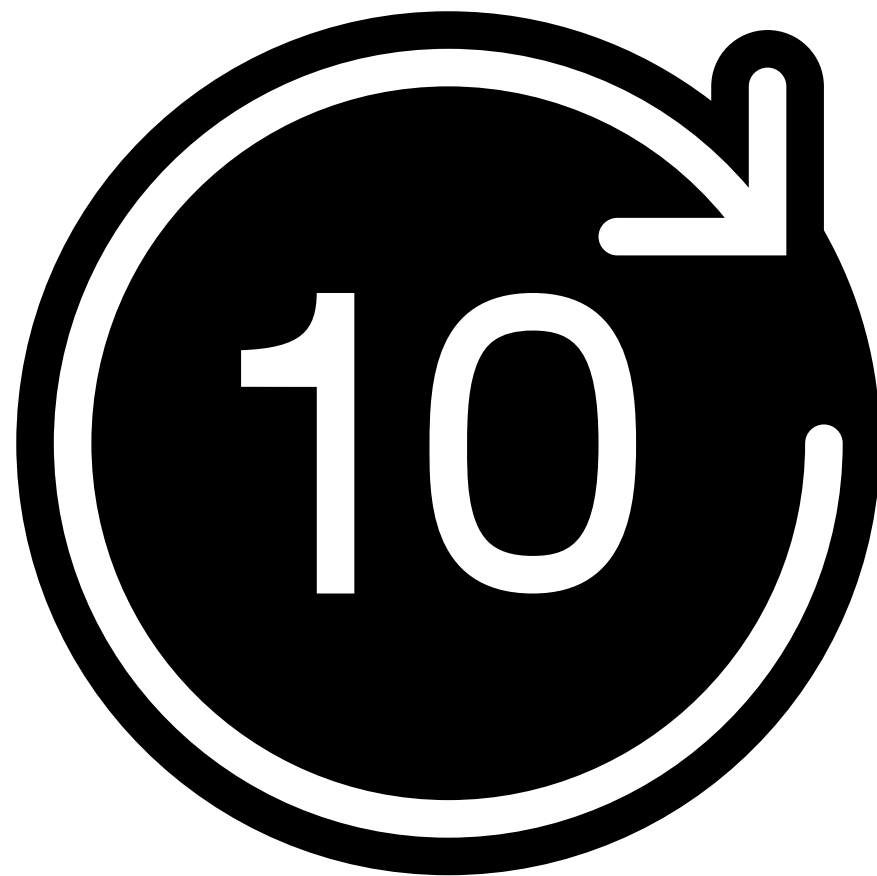
### DAY 5-7 OF QUARANTINE:

- TAKE COVID TEST AFTER DAY 5;
- STUDENT MAY RETURN WITH A NEGATIVE TEST RESULT & NO SYMPTOMS AFTER DAY 7;
- COVID TEST RESULTS MAY TAKE 2-8 DAYS;
- MONITOR SYMPTOMS THROUGH 14 DAYS;
- STAY HOME IF SYMPTOMS OCCUR.





# Positive COVID Test: Symptomatic



## SYMPTOMS

Presents with one or more of the following:

- Fever 100.4 F or higher;
- Sore throat;
- New uncontrolled cough that causes difficulty breathing;
- Diarrhea, vomiting, or abdominal pain;
- New onset of severe headache, especially with a fever;
- Loss of taste or smell.

## PROTOCOL

Return to school when three conditions are met:

- No fever for at least 24 hours (2 days; no meds);
- Symptoms significantly improve;
- Minimum of 10 calendar days passed since the first symptom.





# Guiding Authorities & Resource Links



**CDC**

Center for Disease Control

**ISDC**

Indiana State Health Department

**KCHD**

Kosciusko County Health Department

**WCS**

District Health services