

2023 WYNFORD FOOTBALL



“There are two pains in life. There is the pain of discipline and the pain of disappointment. If you can handle the pain of discipline, then you’ll never have to deal with the pain of disappointment.”

-Nick Saban

*Summer break May 24th- August 22nd. You will only spend 7% of your summer break at football. We need a total buy in!!

MAY 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|----------------------------------|--|--|------------------------------------|-----------|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 ELEMENTARY CAMP 3:30-5:30 | 17 ELEMENTARY CAMP 3:30-5:30 | 18 ELEMENTARY CAMP 3:30-5:30 | 19 OFF | 20 |
| 21 | 22 WEIGHTLIFTING 2:45-4:30 | 23 WEIGHTLIFTING 2:45-4:30 | 24 LAST DAY!! WEIGHTLIFTING 2:45-4:30 | 25 OFF | 26 OFF | 27 |
| 28 | 29 OFF | 30 GROUP WORK 8:30am Weightlifting 9am-11am | 31 GROUP WORK 8:30am Weightlifting 9am-11am | LOOK AT JUNE! | | |
| | | | | | | |

JUNE 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|--|--|-----------|--|
| | | | | 1 GROUP WORK 8:30am Weightlifting 9am-11am | 2 OFF | 3 |
| 4 | 5 GROUP WORK 8:30am Weightlifting 9am-11am | 6 GROUP WORK 8:30am Weightlifting 9am-11am | 7 GROUP WORK 8:30am Weightlifting 9am-11am | 8 GROUP WORK 8:30am Weightlifting 9am-11am | 9 OFF | 10 |
| 11 | 12 GROUP WORK 8:30am Weightlifting 9am-11am | 13 GROUP WORK 8:30am Weightlifting 9am-11am | 14 GROUP WORK 8:30am Weightlifting 9am-11am | 15 GROUP WORK 8:30am Weightlifting 9am-11am | 16 OFF | 17 Jr. High Football CAMP 8:30am-1:30PM |
| 18 | 19 GROUP WORK 8:30am Weightlifting 9am-11am | 20 GROUP WORK 8:30am Weightlifting 9am-11am | 21 EQUIPMENT HANDOUT 8:30am SR/JR Weightlifting 9am-11am | 22 EQUIPMENT HANDOUT 8:30am SO/FR Weightlifting 9am-11am | 23 OFF | 24 |
| 25 | 26 GROUP WORK 8:30am (Helmets) Weightlifting 9am-11am PARENT/PLAYER MEETING 5PM (NEW GYM) | 27 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 28 GROUP WORK 8:30am (Helmets) Weightlifting 9am-11am | 29 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 30 OFF | |
| | | | | | | |

JULY 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|--|---|--|--------------------------------|--|-----------|
| | | | | | | 1 OFF |
| 2 OFF | 3 OFF | 4 OFF | 5 OFF | 6 OFF | 7 OFF | 8 OFF |
| 9 OFF | 10 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 11 Practice 5:30pm-8:30pm | 12 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 13 Practice 5:30pm-8:30pm | 14 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 15 OFF |
| 16 OFF | 17 7 ON 7 @ HIGHLAND 10am (LINEMEN GO TO 7 ON 7) | 18 GROUP WORK 8:30am Weightlifting 9am-11am | 19 GROUP WORK 8:30am Weightlifting 9am-11am | 20 7 ON 7 @ CLEAR FORK 11am | 21 7 on 7 @ WAPAKONETA 6:30PM Linemen practice 4pm-5:30pm Practice | 22 OFF |
| 23 OFF | 24 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 25 Practice 5:30pm-8:30pm | 26 Weightlifting 9am-11am Practice 5:30pm-8:30pm | 27 Field Day 8:30am-11:30am | 28 OFF | 29 OFF |
| 30 OFF | 31 Evening Practice 4:00pm -8pm | | | | | |

AUGUST 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|---|--|---|
| | | 1 Evening Practice 4pm -8pm | 2 Evening Practice 4pm -8pm | 3 Evening Practice 4pm -8pm | 4 Evening Practice 4pm -8pm | 5 SCRIMMAGE @ Tiffin Calvert 10am |
| 6 | 7 FILM 3pm-4pm Evening Practice 4pm -8pm | 8 Evening Practice 4pm -8pm | 9 Evening Practice 4pm -8pm | 10 SCRIMMAGE vs. Northmor (HOME) 7PM | 11 FILM 3pm-4pm Evening Practice 4pm -8pm | 12 Morning Practice 10am-2pm |
| 13 | 14 GAME WEEK SCHEDULE 3PM-6PM | 15 GAME WEEK SCHEDULE 3PM-6PM | 16 GAME WEEK SCHEDULE 3PM-6PM | 17 GAME 1 VS GALION HOME 7PM | 18 VARSITY FILM: 1 PM PRACTICE: 3PM-6PM | 19 JV GAME 10am VARSITY WALK THROUGH 8am |
| 20 | 21 GAME WEEK SCHEDULE 3PM-6PM | 22 GAME WEEK SCHEDULE 3PM-6PM | 23 GAME WEEK SCHEDULE 3PM-6PM | 24 GAME WEEK SCHEDULE 3PM-6PM | 25 GAME 2 VS MARION PLEASANT 7PM | 26 JV GAME 10am VARSITY FILM 8am |
| 27 | 28 GAME WEEK SCHEDULE 3PM-6PM | 29 GAME WEEK SCHEDULE 3PM-6PM | 30 GAME WEEK SCHEDULE 3PM-6PM | 31 GAME WEEK SCHEDULE 3PM-6PM | LOOK AT SEPTEMBER | |

SEPTEMBER 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|---|--|
| | | | | | 1 GAME 3 @ WESTERN RESERVE (COLLINS,OH) 7PM | 2 JV GAME 10am VARSITY FILM 8am |
| 3 | 4 GAME WEEK SCHEDULE 3PM-6PM | 5 GAME WEEK SCHEDULE 3PM-6PM | 6 GAME WEEK SCHEDULE 3PM-6PM | 7 GAME WEEK SCHEDULE 3PM-6PM | 8 GAME 4 @ CAREY HOME 7PM | 9 JV GAME 10am VARSITY FILM 8am |
| 10 | 11 GAME WEEK SCHEDULE 3PM-6PM | 12 GAME WEEK SCHEDULE 3PM-6PM | 13 GAME WEEK SCHEDULE 3PM-6PM | 14 GAME WEEK SCHEDULE 3PM-6PM | 15 GAME 5 @ MOHAWK 7PM | 16 JV GAME 10am VARSITY FILM 8am |
| 17 | 18 GAME WEEK SCHEDULE 3PM-6PM | 19 GAME WEEK SCHEDULE 3PM-6PM | 20 GAME WEEK SCHEDULE 3PM-6PM | 21 GAME WEEK SCHEDULE 3PM-6PM | 22 GAME 6 VS BUCYRUS 7PM | 23 JV GAME 10am VARSITY FILM 8am |
| 24 | 25 GAME WEEK SCHEDULE 3PM-6PM | 26 GAME WEEK SCHEDULE 3PM-6PM | 27 GAME WEEK SCHEDULE 3PM-6PM | 28 GAME WEEK SCHEDULE 3PM-6PM | 29 GAME 7 VS BUCKEYE CENTRAL 7PM | 30 JV GAME 10am VARSITY FILM 8am |
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OCTOBER 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|--|--|
| 1 | 2 GAME WEEK SCHEDULE 3PM-6PM | 3 GAME WEEK SCHEDULE 3PM-6PM | 4 GAME WEEK SCHEDULE 3PM-6PM | 5 GAME WEEK SCHEDULE 3PM-6PM | 6 GAME 8 @ COLONEL CRAWFORD 7PM | 7 JV GAME 10am VARSITY FILM 8am |
| 8 | 9 GAME WEEK SCHEDULE 3PM-6PM | 10 GAME WEEK SCHEDULE 3PM-6PM | 11 GAME WEEK SCHEDULE 3PM-6PM | 12 GAME WEEK SCHEDULE 3PM-6PM | 13 GAME 9 VS SENECA EAST 7PM | 14 JV GAME 10am VARSITY FILM 8am |
| 15 | 16 GAME WEEK SCHEDULE 3PM-6PM | 17 GAME WEEK SCHEDULE 3PM-6PM | 18 GAME WEEK SCHEDULE 3PM-6PM | 19 GAME WEEK SCHEDULE 3PM-6PM | 20 GAME 10 VS UPPER SANDUSKY 7PM | 21 JV GAME 10am VARSITY FILM 8am |
| 22 | 23 GAME WEEK SCHEDULE 3PM-6PM | 24 GAME WEEK SCHEDULE 3PM-6PM | 25 GAME WEEK SCHEDULE 3PM-6PM | 26 GAME WEEK SCHEDULE 3PM-6PM | 27 GAME WEEK SCHEDULE 3PM-6PM | 28 PLAYOFFS!! |
| 29 | 30 GAME WEEK SCHEDULE 3PM-6PM | 31 GAME WEEK SCHEDULE 3PM-6PM | | | | |
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