THE SAT Information & Tips

Most four-year colleges require SAT or ACT scores as part of the application process. If you plan to go to college, be sure to take one of these tests. Here is some basic info on the SAT.

ABOUT THE TEST

The SAT consists of four sections: Reading, Writing and Language, Math, and SAT Essay (optional). The SAT is given in August, October, November, December, March, May, and June.

WHEN TO TAKE THE SAT

You should take the SAT in the spring of your junior year. If you want to improve your scores, you then have time to retake the SAT in the fall of your senior year.

HOW TO REGISTER

To register for the SAT, go to collegeboard.org. Registration deadlines are about five weeks before the test dates. Once you're registered, you'll receive instructions and an Admission Ticket.

HOW THE SAT IS SCORED

Students receive a total score (400-1600) and two section scores: one for Evidence-Based Reading and Writing (200 - 800) and one for Math (200 - 800). Students who take the Essay test receive three scores ranging from 2-8.

Questions? Visit collegeboard.org or see your counselor.

HOW TO PREPARE

In order to become familiar with the types of questions and the test format, take advantage of the free test prep resources and practice tests at collegeboard.org.



The SAT partners with Khan Academy to provide valuable test prep materials: practice tests, videos, and personalized suggestions. You can connect to these resources at collegeboard.org, or you can visit khanacademy.org/sat directly.



Answer an official SAT question each day using the **Daily Practice for the New SAT** app. You'll get immediate feedback.



Be sure to take at least one full-length practice test. Time yourself and go over the questions you got wrong.

Following a strong college prep program in high school is the best preparation for the SAT!

TIPS FOR TEST DAY

These tips will help ensure that you're able to perform your best on the SAT.

Be well rested. Cramming the night before the test won't do any good. Get a good night's sleep.

Dress in layers. Testing centers can be too hot or too cold. Dress in layers so that you'll be comfortable no matter what the temperature of the room is.

Arrive early. Give yourself plenty of time to get to the testing center so that you're not rushed. Bring your Admission Ticket, a photo ID, two #2 pencils, a watch, an approved calculator, and a high-energy snack for the break.

Relax, be confident, and do your best!