

You don't need to have the answer.

# YOU JUST HAVE TO LISTEN.

82% of teens are calling on America  
to talk more openly and honestly  
about mental health issues.\*



 **NAMI** Ending the Silence  
National Alliance on Mental Illness

 **NAMI** South Carolina  
National Alliance on Mental Illness

Youth-Centered Awareness & Education

\*Harris Poll for National 4-H Council

**OCT 20**  
**5:00 PM**

for families at  
York Preparatory Academy  
1047 Golden Gate Ct  
Rock Hill, SC

**WE KNOW WHEN YOUNG PEOPLE ARE HURTING,  
THEY OFTEN REACH OUT TO THEIR PARENTS,  
GUARDIANS, OR CAREGIVERS FIRST. DURING THIS  
1-HOUR PRESENTATION, YOU'LL LEARN ABOUT  
WARNING SIGNS OF MENTAL HEALTH CONDITIONS  
THAT TYPICALLY APPEAR IN TEENS/EARLY  
ADULTHOOD, WARNING SIGNS OF SUICIDE, AND  
WHAT TO DO ABOUT BOTH--SPECIFICALLY  
HOW TO START THE CONVERSATION.**