## Free! Strengthening Families Program





Parents, Guardians, Caregivers and Children

JOIN US to participate in a series of family nights with lots of interaction and fun!

#### When?

The Program will be offered weekly starting in February 2023 for 14 weeks one evening per week from 6:30p.m. to 8 p.m. Classes may be in-person or virtual.

We will provide Tablets if needed for virtual classes.

Families who are residents of York County, with at least one child aged 6-11 years, are eligible to participate.

Minimum of one adult and one minor must participate in a session.

# LEARN HOW TO:

Listen more and yell less.

Prevent behavior problems.

Improve your relationship with your kids.

Build stronger relationships in the family.

Better manage stress.

### **Easy Enrollment:**

Please contact Ms. Geisel Lawhun via text at **(803) 493-8989** or send an e-mail to: <a href="mailto:glawhun@growinghomese.com">glawhun@growinghomese.com</a>

You may also complete an interest form online with this link or scan the QR code to access the form: <a href="https://forms.gle/C64Pprvr7Fdv3aDJ7">https://forms.gle/C64Pprvr7Fdv3aDJ7</a>



Families who complete 10 sessions of the program will participate in a graduation ceremony and receive a certificate.

#### **Benefits:** Lots of prizes! Lots of fun! Lots of learning!

- Classes taught by professionals with experience in the family area.
- We will provide the funds to ensure that you have a complete dinner at each meeting for onsite classes.
- Gifts, gift cards, and giveaways throughout the weeks.





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