

THE MENTAL HEALTH ASSOCIATION  
OF MONMOUTH COUNTY

An Affiliate of



# FINANCIAL AND BEHAVIORAL HEALTH IN THE TIME OF **COVID-19:**

## SUPPORT FOR MEN AND WOMEN

As we continue to navigate life during COVID-19, the various roles that we play as men and as women in our work and home lives have been turned upside down. Our homes have become offices and schools and our work and life-balances have been somewhat non-existent. The financial burden that has accompanied COVID-19 has left many people planning for the unpredictable and some, unable to meet the demands of their household needs.



The Mental Health Association of Monmouth County will be offering two distinct webinar opportunities for both men and women to help address some of the challenges of working from home, relationships and parenting, and financial planning. Both presentations will include mental health and financial experts who can speak to the specific issues facing those who stay-at-home, work, and work-from-home.

These workshops will provide information and resources to help men and women cope with the financial and behavioral difficulties experienced as a result of the pandemic.

**MEN'S PRESENTATION - DECEMBER 3RD, 5:30PM**

**WOMEN'S PRESENTATION - DECEMBER 3RD, 7:30PM**

### EXPERTS INCLUDE:

**DR. MATTHEW STROBEL** *Psychologist and Father*

**GEORGE HALLIWELL, LPC** *Professional Counselor and Father*

**BRIAN RICE, PRESIDENT,** *Rice Wealth Management Group and Father*

**NICOLE NOLAN, MPP, MSW, LSW** *Director of Adolescent Suicide Prevention Programming,  
School Counselor, and Mother*

**LORI KRIKORIAN,** *Morgan Stanley Financial Advisor and Mother*

*This free training is made possible by a suicide prevention grant from the Monmouth County Department of Human Services awarded to the Mental Health Association of Monmouth County in collaboration with the Society for the Prevention of Teen Suicide and the YMCA of Greater Monmouth County.*



©MHAMC

### REGISTRATION:

<https://www.surveymonkey.com/r/mhareg>