



# Norwalk Catholic School

## St. Paul High

November 30, 2020

Flyer Families,

Today, Norwalk Catholic School (NCS) was made aware of a positive COVID-19 staff member at NCS Early Childhood Center. Please keep the staff member in your prayers. There was no close contact at school. Close contact is currently defined as being within six feet for a cumulative amount of 15 minutes over a 24 hour period or any direct physical contact such as a handshake, high-five, or a hug. If a person has recovered from COVID-19 within the past three months, they are exempt from quarantine per Centers for Disease Control (CDC) guidance. NCS is committed to the health and safety of our school community and we continue to work with HCPH.

The chart below indicates the current number of known students or staff currently with COVID-19 at NCS. **Individuals released by a health department have been removed from this chart.**

Current Known COVID-19 Positive Cases as of November 30, 2020			
	NCS Early Childhood Center	NCS Elementary	NCS Jr. High/St. Paul High
Students	0	1	0
Staff	1	0	0

We strongly urge everyone in our Flyer Family to self-monitor for symptoms. Through monitoring, isolation, testing, engaging in COVID-19 safe precautions in public, and open communication we will be able to make decisions that keep our Flyer Family healthy and safe.

As we come closer to the holiday season, please consider the guidance from the CDC found [here](#). In order to keep everyone healthy, safe, and in school we must all do our part to limit the opportunities to spread COVID-19.

The CDC guidelines state: People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Congestion or runny nose
- Diarrhea
- Cough
- Fatigue
- Headache
- Sore throat
- Nausea or vomiting

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

Our school buildings are regularly sanitized throughout the day and each evening. We continue to follow best known COVID-19 safe practices. Everyone in our Flyer Family needs to take all necessary precautions to maintain the health and safety of everyone in their household.

Here are recommendations of steps that can be taken to minimize the risk and maintain personal health.

- Wash your hands frequently
- Avoid touching eyes, nose, and mouth
- Wear a mask in public
- Stay home when sick



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- Maintain 6 ft social distance in public
- Avoid close contact with those who are sick

We will continue to communicate with our Flyer Family as information is available. We are stronger when we communicate and work together. Please review our website with a copy of the recent COVID-19 communication as well as a chart indicating current positive cases. [Click here](#) to see the page.

We are a community of faith. We are at our best when we work together and pray for one another. I ask all of you to continue to support and pray for each other.

Stay safe, stay healthy, stay positive.

Martin Linder  
Norwalk Catholic School/St. Paul High School  
President