

WISCASSET SCHOOL DEPARTMENT

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Dr. Terry L. Wood
Superintendent of Schools
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November 24, 2020

Dear Staff, Students, and Families,

As a follow up to the letter sent on Sunday, this letter is to inform you that we have received notification that a person at WES has received a positive COVID test result.

Keeping each student and staff member safe and healthy is our number one priority. Due to the fact that the infected person was not in our school during the infectious period, contact tracing is not necessary. Please be assured that during this time we will continue to take all precautionary measures to ensure that our schools are safe to return to on November 30th. If adjustments need to be made to the return to school date, you will be notified prior to Monday.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Please call your physician if your student has any of the following signs and symptoms of COVID:

- fever or chills
- shortness of breath or difficulty breathing
- muscle or body aches
- new loss of taste or smell
- congestion or runny nose
- diarrhea
- cough
- fatigue
- headache
- sore throat
- nausea or vomiting

Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations.

These measures include proper handwashing with soap and warm water, which is especially important after using the bathroom, before eating, and after blowing your nose, coughing, or sneezing. When soap and water is not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue,

then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Any questions can be directed to Nurse, Marilyn Sprague by calling 207-882-7767 (option 2) or emailing msprague@wiscasset-schools.org from 1 to 3 today (Tuesday) or Wednesday, November 25 from 8:00 am -11:00 am.

For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org. Call your personal healthcare provider for questions about your symptoms. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Sincerely,

Dr. Terry L. Wood
Superintendent of Schools
Wiscasset School Department