

Itasca ISD

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MAY MIDDLE SCHOOL LUNCH

Apr 27, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 ROUND PEP PIZZA Broccoli CUCUMBER SLICES PKT MANDARIN ORANGES FRESH FRUIT CHOCOLATE MILK WHITE MILK PARMESAN CHEESE RANCH DRESSING ICE CREAM CUPS	May - 2 SOFT TACOS CHICKEN STRIPS HOMES RST CORN w/ JALAPENO PINTO BEANS Peaches CHOCOLATE MILK WHITE MILK CHEESE SHD RF * SALSA PACKET KETCHUP COUNTRY GRAVY ASSORTED DIPPING SAUC	May - 3 CHICKEN LEGS BREADED* Salisbury Steak * MASH POTATOES CARROTS Blushing Pears FRESH FRUIT CHOCOLATE MILK WHITE MILK KETCHUP COUNTRY GRAVY GOLDFISH	May - 4 Spaghetti /Meat Sauce * COMBO BURRITO TOSSED SALAD GREEN BEANS GARLIC TOAST Pineapple CHOCOLATE MILK WHITE MILK PARMESAN CHEESE RANCH DRESSING	May - 5 BREADED CHEESE STIX FISH NUGGETS PEAS CHERRY TOMATOES JUICE BOX * VARIETY** FRESH FRUIT CHOCOLATE MILK WHITE MILK Marinara RANCH DRESSING
May - 8 CHEESE PIZZA WEDGE Fresh Broccoli MIX VEGGIES FRZ BLUE RASPBERRY APPLES FRESH FRUIT CHOCOLATE MILK WHITE MILK PARMESAN CHEESE RANCH DRESSING	May - 9 STEAK SANDWICH CHEESEBURGER BAKED BEANS CORN Peaches FRESH FRUIT CHOCOLATE MILK WHITE MILK KETCHUP Mayonaise MUSTARD	May - 10 CHICKEN PATTIE SAND 2 * Mac & Cheese * PEAS TATER TOTS Blushing Pears CHOCOLATE MILK WHITE MILK KETCHUP MUSTARD Mayonaise ASSORTED DIPPING SAUC	May - 11 Lasagna POPCORN CHICKEN TOSSED SALAD FRESH CARROTS Pineapple FRESH FRUIT CHOCOLATE MILK WHITE MILK RANCH DRESSING KETCHUP ASSORTED DIPPING SAUC BANANA MUFFIN	May - 12 CALZONE ** FISH NUGGETS GREEN BEANS CELERY STICKS JUICE BOX * VARIETY** FRESH FRUIT CHOCOLATE MILK WHITE MILK KETCHUP Marinara Peanut Butter Cup Smuckers
May - 15 PIZZA FRENCH BREAD ** CORN CHERRY TOMATOES Pineapple CHOCOLATE MILK WHITE MILK PARMESAN CHEESE RANCH DRESSING SCOOPY DOO STIX	May - 16 TACOS REFRIED BEANS LETTUCE/TOMATOS , SHR CHEESE SHD RF * Peaches CHOCOLATE MILK WHITE MILK SALSA PACKET	May - 17 CHICKEN STRIPS HOMES HAM & SWISS SLIDERS Seasoned Wedges PEAS MANDARIN ORANGES CHOCOLATE MILK WHITE MILK COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC	May - 18 CHEESEBURGER CHICKEN CAESAR WRAP CUCUMBER SLICES PKT BAKED BEANS Blushing Pears CHOCOLATE MILK WHITE MILK KETCHUP MUSTARD Mayonaise SALSA PACKET RANCH DRESSING	May - 19 NO SCHOOL TODAY * Menu Subject to change without notice
May - 22 PEP PIZZA WEDGE TOSSED SALAD CALIF BLEND VEGGIES BLUE RASPBERRY APPLES FRESH FRUIT CHOCOLATE MILK WHITE MILK PARMESAN CHEESE RANCH DRESSING	May - 23 QUESADILLAS BBQ PORK SAND BAKED BEANS AU GRATIN POTATOES ** Blushing Pears FRESH FRUIT CHOCOLATE MILK WHITE MILK SALSA PACKET	May - 24 SWEET n SOUR CHICKEN STEAK SANDWICH EGG ROLL * PEAS FRESH CARROTS FORTUNE COOKIE Pineapple FRESH FRUIT CHOCOLATE MILK WHITE MILK KETCHUP MUSTARD Mayonaise ICE CREAM CUPS	May - 25 Ham Cheese on a Bun Fresh Broccoli CHERRY TOMATOES JUICE BOX * VARIETY** CHOCOLATE MILK WHITE MILK KETCHUP Mayonaise MUSTARD BANANA MUFFIN	May - 26 PB&J w/Cheesestick CELERY STICKS CUCUMBER SLICES PKT APPLES ** CHOCOLATE MILK WHITE MILK Peanut Butter Cup ** Cookies
May - 29	May - 30	May - 31		

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.