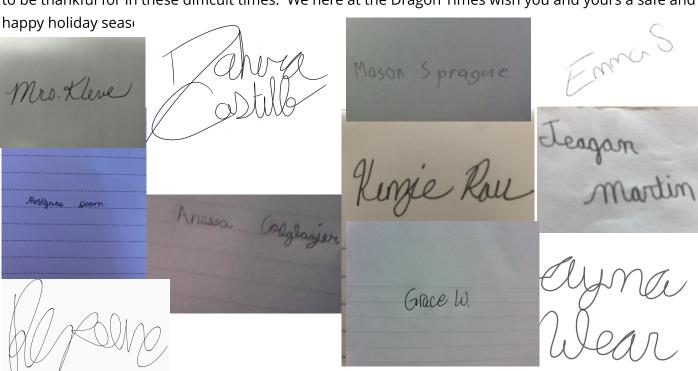


Favorite Recipes and Traditions of the Dragon Times Family

WARM AND COZY HOUSES AROUND HOLYOKE- As the Holiday season comes around the corner, turkeys are being carved, Christmas trees are being put up, and families are coming together for family traditions. Some traditions may be just beginning and some may be being passed down from generation to generation. In the articles ahead are some of the favorite traditions and recipes of from the Dragon Times staff. All of the traditions are interesting and some dishes you may want to try out yourself, so we included ingredients and directions. We would love to know if you try any of these great recipes. See Spike on the back page with more information on how to do that. We here at the Dragon Times know that these holidays might not be just the way we want them or have celebrated them in years past, but we still want to encourage you all to spend time with family and enjoy what we do have. There is plenty to be thankful for in these difficult times. We here at the Dragon Times wish you and yours a safe and



Dahira Castillo

Snowball Cookies

Every year my mom makes some delicious cookies with only 5 ingredients! For these cookies you will need:

2 cups of all purpose flour

2 sticks of room temperature unsalted butter

Half a cup of white sugar

1 teaspoon of vanilla extract

Powdered sugar

OPTIONAL BUT ENCOURAGED

A cup to half a cup of nuts (chocolate chips can be a good substitute)



Instructions

Preheat your oven to 350 degrees Fahrenheit/180 degrees Celsius. In a large bowl add in one stick of butter, your sugar, and vanilla extract. Mix these ingredients with a hand mixer until well mixed, you should have a creamy dough like mix. Add your all purpose flour. Mix well, you should get a dry sand type of mixture, add the nuts and mix. Add your second stick of room temperature butter and mix with a spatula. At this point you should have a nice dough. Place on a baking sheet with parchment paper in balls. Lightly press down on cookies. Bake in the oven for about 20 minutes or until the bottom of cookies are golden brown. Wait until the cookies are cooled, then toss them in a bowl with powdered sugar. Enjoy!

Family Tradition

ESTES PARK CO- Just like many other families, my family and I have a New Years tradition. A day after Christmas we go up to the mountains in Estes Park and we usually stay for about three days. We go around driving at night time to see all the bright Christmas lights around town. After driving around for a while we'll go eat and walk around the town to see all the cute shops. We also shop a bit in the stores (after Christmas sales), we take pictures and then return to the hotel. The day

after, we drive up further into the mountains to see all the beautiful snowy sights. We leave Estes Park on the 30th. Once we are home, on the New Year's Eve, we make food and have a family meal. After eating we play games while watching TV. We have done this from many years and have family join us from Texas. Unfortunately, we might have to skip our tradition this year because Covid-19 will prevent us from doing all of these activities. Maybe we will have to come up with something new, but we will still celebrate the holidays and all they mean to us.



Anessa Colglazier

Red Hot Jello

2 cups water1/2 cup cinnamon red hot(candies)6 oz. cherry jello2 cups applesauce

Instructions- Boil 2 cups of water with the red hots. When dissolve add the jello and stir. After stirring take off the stove and add the applesauce and refrigerate for 6 hours.



Family Tradition

HOLYOKE CO-A tradition is something that you have done for many years. My family has two traditions that we have done for many years: one comes from my dad's side of the family and one from my mom's side of the family. On my dad's side we have matching pajamas and on my mom's side we bake cookies. Every year when Thanksgiving is over we start to plan our pajamas. Will we match exactly the same as each other. Then, we go to the city and get our pajamas. After we get them we meet at my grandma and grandpa's house and take pictures for their christmas card. Every year we get different ones. We have had matching pajamas and cards for four year

now. The sugar cookie tradition from my mom's side of the family has been one of our traditions for many years. About three weeks before Christmas we make the cookies. My mom and I go to the store to get the supplies for the sugar cookies. First, we make the dough. Then, we cut them into Christmas themed shapes/ objects. After that, we make the best frosting and frost the cookies. When that is done we get the sprinkles and decorate them with cute sprinkles. It is a fun family activity where we get to spend time together and make something yummy.

Roz Doorn

Sweet Potatoes and Marshmallows Ingredients

- 4 or 5 sweet potatoes
- 1/2 a stick of butter
- 1 cup brown sugar
- 1/2 a cup small marshmallows
- 1 tbs cinnamon
- 1 tbs nutmeg (optional)



To make this you first preheat the oven to 350 degrees, next you peel and rinse off the sweet potatoes then you boil them. Boil the potatoes until soft, after this drain the water and mash the sweet potatoes with the butter and brown sugar. After it is mashed put into a casserole pan and sprinkle cinnamon and nutmeg over the top. After this you will sprinkle mini marshmallows over the top of the potatoes then add to the oven and cook till the marshmallows are toasted.

Family Tradition

HOLYOKE CO- Different families will celebrate different traditions, my family in particular celebrates Christmas eve together every year and have been doing this for probably at least 30 years. Each year we do this with my moms side of the family, and one year some of my dad's family came. Each year my family gets together on christmas eve at my grandma's house. We do white elephant presents each year, this is just buying presents not for a specific person and drawing numbers to see who picks first and if you like someone elses you can trade them but you can only trade a certain amount of times. Usually the Grandkids in the family get their presents at this time and we usually get gift cards for christmas. We will sometimes have close family friends come, this is the time when our family gets to see each other because not all of us live in the same area and we sometimes only really see them on this occasion. Next we will all have dinner together and usually the kids have their own table and the teenagers and adults have their own table. We usually eat turkey, ham and vegetables. We will usually end the night by telling everyone goodbye and taking pictures. I really enjoy this tradition because it has been happening since my mom has been a kid and I hope that this transition can last for a long time and hope that other families can have this tradition as well.

Ben Kleve

Dreamsicle Salad

13 oz. package orange Jello

1 3 oz. package instant vanilla putting

1 10 oz. Can mandarin oranges, Drained

18 oz. Tub frozen whipped topping, Thawed





Dissolve Jello in 1 cup boiling water. Add 1/2 cup of cold water. Let sit in fridge for 20 minutes. With mixer or whisk add dry vanilla pudding mix and beat until smooth. Whip in oranges and whipped topping. Refrigerate until ready to use. Decorate as desired.

Family Tradition



HOLYOKE, CO- With the holiday season coming around the corner, many of us are preparing for this hectic time. Turkeys are being carved, trees are being put up, and family traditions are being followed. Our family has one of these traditions. Every year before Christmas we make at least one batch of cookies if not more. To celebrate Christmas, for 4 or more years, the entire Kleve family has gotten together at grandma's house and we make the cookies and decorate them. We always use the same recipe That aunt Judy made for the cookies and the frosting. One year we also made some chocolate candy and dipped a ton of stuff in it, like pretzel rods and bugles. A more recent addition to this tradition is to watch a football game most times even if it is a blowout.

Teagan Martin

Carrot Cake

Ingredients for part 1.

2 cups all-purpose flour2 teaspoons baking soda3/4 cup vegetable oil3/4 cup buttermilk

1/2 teaspoon salt 2 teaspoons vanilla extract

2 teaspoons ground cinnamon 2 cups grated carrot

3 large eggs 1 (3 1/2-ounce) can flaked coconut

2 cups sugar 1 cup chopped pecans of walnuts`

Line 3 (9-inch) round cake pans with wax cake pans with wax paper, lightly grease and flour wax paper. Set pan aside. Stir together first 4 ingredients. Beat eggs and next 4 ingredients at medium speed with an electric mixer until smooth. Add flour mixture, beating at low speed until blended. Fold in carrot and next 3 ingredients. Pour batter into prepared cake pans. Bake at 350 degrees for 25 to 30 minutes. Drizzle Buttermilk Glaze evenly over layers; cool in pans on wire racks 15 minutes. Remove from pans, and cool completely on wire racks. Spread Cream Cheese Frosting between layers and on top and sides of cake.

Buttermilk Glaze for the Carrot Cake

Ingredients for part 2

1 cup sugar

1 1/2 teaspoons baking soda

1/2 cup buttermilk

1/2 cup butter or margarine

1 tablespoon light corn syrup

1 teaspoon vanilla extract

Bring first 5 ingredients to a boil in a large Dutch oven over medium-high heat. Boil, stirring often, 4 minutes. Remove from heat, and stir in vanilla.

Cream Cheese Frosting

Ingredients for part 3

3/4 cup butter or margarine, softened

1 (8-ounce) package cream cheese, softened

1 (3-ounce) package cream cheese, softened

3 cups sifted powdered sugar

1 1/2 teaspoons vanilla extract

Beat butter and cream cheese at medium speed with an electric mixer until creamy. Add powdered sugar https://preppykitchen.com/wp-content/uploads/2020/04/carrot-cake-Recipe-new.jpg

and vanilla; beat until smooth.



oreppykitchen.com/wp-content/uploads/2020/04/carrot-cake-Recipe-new.jpg

Family Tradition

HOLYOKE, CO - During Easter my family and I do the same thing every year. First, we go to church at 9:00 A.M. The service is around 2 hours long. After that, we go to our grandparents house to eat lunch. For lunch, we have very yummy food like pie, carrot cake, salad, burgers, and a lot more. Once we are finished eating, all of our parents go out and hide the Easter Eggs. They hide about 50 eggs all around my grandparents house and each kid can get around 9 eggs. Once the parents are done hiding the eggs, all of us kids go out and find them. A couple might be in trees and others can be in holes. Once everyone is done finding them, we open the egg to see what is in it. Our parents normally put \$1 coins in them. In 1 egg, they put a \$10 bill in it. After we see how much money we got, we go back inside to play games. We normally play with cards. If it is warm, all of us kids go outside to play tag and hide and seek. Later in the day, we watch a movie while we are painting eggs. Once we are done watching the movie and painting our eggs, we have a contest to see who has the best egg. The winner normally gets candy, but occasionally they get around \$15. After that, it is usually late so we eat dinner. After dinner everyone says their goodbyes and then we all leave.

Kenzie Rau

Sugar cookies:

1 cup powderd sugar

1 cup of crisco, cube it

1 egg or 2 small ones

A dash of salt

1 teaspoon of vanilla

2 cups of flour sifted

1 teaspoon of baking soda

1 teaspoon in cream of tarter

Preheat over to 400 Degrees.

Cream together sugar and Crisco then add eggs and salt.

In another bowl sift together the dry ingredients.

Mix in the dry ingredients until well blended.

Roll small amounts of dough into a ball and place them 2 inches apart on cookie sheet.

Bake about 5-6 mins until light brown on edges.

Family Tradition

GREELEY CO- Every year for Christmas my dad and I set up five Christmas trees around the house. We have been doing this ever since I was around five years old. I normally ge to decorate all the trees, except for the 12 foot tree, because I am too short, and I don't like climbing on ladders. Our main Christmas tree that we put all of the presents under is down stairs, and it has a woodsy theme to it. The second tree is in the upstairs living room. It is the tallest tree in our house standing at 12 feet tall. For that tree we put all of our ornaments we got from Disney Land/ World, and put different colored spherical ornaments around it. The third tree is in the upstairs loft, we call it "The family tree". This tree Is all of the ornaments that family members have made or just ornaments with good memories behind it. The fourth tree is in the dining room, and the theme of that tree is ice. We call it that because it has teal and blue ornaments, and a light up snowflake tree topper. The very last tree is in my room, andit is around two feet tall, and it has pink and lavender ornaments. All of these trees take us around two weeks to set up, and put all of the ornaments on. This tradition has been around for many generations. I hope to do this with my children in the future.

Emma Sprague

2½ cups granulated sugar, divided
1½ cups applesauce no sugar added
6 oz. Jell-o (flavor of your choice)
½ oz. unflavored gelatin (2 envelopes)
1 tsp of lemon juice



- 1. Coat gummy bear mold, or whatever mold you choose to use with cooking spray
- 2. Combine 2 cups sugar, applesauce, Jell-o, unflavored gelatin, and lemon juice in a large saucepan. Stir it to combine. Let it stand for 1 minute.
- 3. Bring to a boil over medium heat, stirring constantly
- 4. Boil for 1 minute and then immediately pour into molds
- 5. Refrigerate until firm- about 3 hours or overnight
- 6. Cover a large cutting board with parchment paper and sprinkle sugar
- 7. Loosen the gummy bears and invert onto parchment paper, if needed dip it into hot water before hand
- 8. Leave the gummy bears on top of the sugar-coated parchment paper for about 8 hours or until they are just slightly sticky
- 9. Roll the gummy bears in the remaining sugar and store in airtight container

Family Tradition

HOLYOKE CO-Almost every year my family leaves the day or the day after Christmas to downtown Denver to stay in a friends loft. Unfortunately this year we don't plan on going due to the amount of covid in that area. We initially go shopping and walk around together and the girls and boys usually split up then return together when all of the

family is together later. Then when the rest of my family is together we go to my uncle's house and we open presents and eat. Then we stay till New Years and everyone comes to the loft and we celebrate New Years by playing games and doing all sorts of stuff together. Normally we pick up two of our family members from the airport but sadly



they aren't able to come down this year. Depending on if our cousins decide to stay with us there usually isn't enough rooms or beds for everyone to sleep on so we just sleep all over the floor.

Mason Sprague

White chocolate Mousse

Ingredients

1 oz. package fat-free, sugar-free white chocolate instant pudding mix (Jell-o)

1 and a 1/2 cup of cold whole milk

8 oz. container frozen nondairy whipped topping, thawed.(Cool Whip)

1 oz. of white chocolate baking square (Baker's

Directions

- 1. In a medium bowl, whisk together pudding mix and milk for about 2 minutes, or until thicken. Stir in whipped topping.
- 2. Into 12 (2 oz.) shot glasses or dessert bowls, evenly soon pudding mixture. chill for 1 hour.
- 3. Using a vegetable peeler, shave off thin slices of

white chocolate to make curls. crush some candy cane. Arrange on mousse just before serving.



Family Tradition

HOLYOKE, CO - What happens on Christmas morning in your house? On Christmas mornings, my sister Emma wakes us up at 6:00 in the morning at our house. Emma is the usual on to get up first and then she yells at us to get up. When we get up, it looks like she has been up all night waiting for a good moment to get us up. She does this like every year. After we get up, we usually eat breakfast then open presents and then go to our grandma's house to open presents. I wouldn't be surprised if she does stay up all night or if she has an alarm at 6:00. Out of our whole family, Emma is always the most excited and my two younger sisters, but my two younger sisters don't wake up that early. Since there are nine of us in our family our dad every year always gives out the presents and we all see what a person gets. We wear pajamas on Christmas morning and our family wears the same pajamas. When we get back from our grandmas house we stay for a hour at our house and maybe go to Denver to see our cousins.

Layna Wear

Broccoli, Rice, and Cheese

1 10 oz. package of frozen chopped broccoli

1 can cream of mushroom soup

1/2 cup milk

3/4 cup water

1 1/3 cup minute rice

1/2 teaspoon garlic salt

1 cup cheddar cheese

Drain broccoli and cook it according to the directions on the package. Then mix all together. Place in buttered bowl. Bake at 350 degrees for 30 minutes.



Family Tradition

HOLYOKE, CO - Every year in my house, a mile from the Colorado - Nebraska border, either myself or one of my siblings will wake up the entire house before the sun has even risen on Christmas day. It began when my sister, Elia, and I were little. Elia was always up early, no matter what day it was, but especially on Christmas day. She would creep into my room and wake me up at around 5:30. I always told her to go back to sleep for another hour, but she would only go back to bed for around 30 minutes; then she would be back in my room, shaking me awake. Although I told her to

go back to sleep, I would often lay awake for a few minutes after she woke me up before getting out of bed and going to see what Santa had left us before everyone else. Elia or I would finally wake up Mom and Dad around 6 and we would open presents and play with them until we would go down to Grandma and Papa's to open presents and have lunch. With my littlest sister, Selia, she usually wakes up Elia, they wake up me, and I send one of them, mostly Selia, to wake up Mom and Dad. I still wake up around one o'clock in the morning, go up stairs, and see what all we got. I don't rip open any presents under the tree, just look at the ones that haven't been wrapped. The ones under the tree, we sort out as a family when we're all awake. It's my favorite part of Christmas.



Grace Whisenhunt

Peanut Butter Oatmeal Bars

Bars:

1/2 cup shortening
1/2 cup white sugar
1/2 cup brown sugar
1/3 cup peanut butter
1/2 teaspoon vanilla
1 egg
1/4 cup milk
1 cup flour
1 cup oatmeal
1/2 teaspoon baking soda

Frosting:
2 cup powdered sugar
1/4 cup cocoa
3 tablespoon butter
2-3 tablespoon boiling water
1 teaspoon vanilla
Mix well and frost at once.

Bake 20 min. at 350 degrees. Remove from oven and frost



Family Tradition

HOLYOKE, CO - Every Christmas morning for the past few years, my parents and I let our dogs be in the living room with us as we open our presents from each other. We usually only get to be with each other for that day, because we have to go to other families to celebrate Christmas with. We do not really get to be together a lot for the holidays, so this is really important to the

three of us. Each year alters due to split families, though. If I am not there, we just do it on a different day, which may not be Christmas day. We always open our stockings first, including stockings for all five dogs. After the stockings are opened, we all open our gifts from each other. None of the gifts that we open together are from other families, because we open those gifts at that part of our families at their houses. The rest of the day, we all just hang out with each other and maybe mess with our new gifts.



Spike Is Now Accepting Submissions

Spike is now accepting submissions about your favorite holiday traditions. Send them to Spike@hcosd.org

If you decide to try out our recipes, email Spike to tell him how it turned out!



Football in Limon

We hope you enjoyed the Dragon Times family tradition and recipe edition. We know that this does not go with our theme this week, but we want to make sure everyone knows the high school football team will be play in Limon this weekend. Covid-19 issues both here and there are restricting the audience size for this game to 80 people for each team. Football players have been given tickets for their families. There will most likely not be any tickets available for students or community members. Please do not travel all the way to Limon unless you have a ticket or know your name is on the vistor list,. If you do not have one of thos things, you will nto be able to attend. Star 92.3 will be broadcasting the game on the radio. Unfortunately, the game will not be broadcast on YouTube free as we have done in the past. Because it is a playoff game, NFHS will be broadcasting it for a fee.

Return to In-person School

HOLYOKE -It was announced this morning that all of Holyoke School District will be returning to in-person school on Monday, November 30th. The administration will continue to monitor the health of staff and students. Decisions are being made for the school district based on the safety or our students and staff, as well as, the number of subs needed in the building. We are all excited to be coming back, but remember we need to continue social distancing, wearing masks and washing hands. We would all rather be in the building than remote learning. Let's all do our part to make sure we can continue to do in-person learning after the Thanksgiving break.