



L.K. Moss Elementary School

DECEMBER, 2020 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
	1 Chicken Nachos w/chips Lettuce & Tomatoes Seasoned Corn Fruit Milk	2 Beefy Mac Steamed Broccoli Breadstick Fruit Milk	3 BBQ Chicken Sandwich Baked Beans Sunchips Fruit Milk	4 Pizza w/salsa Veggie Dippers w/Ranch Fruit Milk	(M) (T) Assorted Muffin (W) Cinni Mini (Th) Poptart w/Cheesestick (F) Sausage Biscuit
7 Chicken Nuggets Seasoned Corn Breadstick Fruit Milk	8 Corn Dog Baked Beans Fruit Milk	9 Turkey Roast w/Gravy Mashed Potatoes Turnip Greens Cornbread Fruit Milk	10 General Tso Chicken w/Fried Rice Steamed Broccoli Fruit Milk	11 Calzones Seasoned Green Beans Baby Carrots w/Ranch Fruit Milk	(M) Assorted Cereal (T) Poptart w/Cheesestick (W) Cereal Bar (Th) Muffin (F) Sausage Biscuit
14 Hot Turkey & Cheese Hoagie w/Dill Spears California Blend Veggies Fruit Milk	15 Taco w/chips/ lettuce/tomato/cheese Seasoned Corn Fruit Milk	16 Chicken Fajita Wrap w/Peppers/Onions Steamed Broccoli Fruit Milk	17 Hot Dog Baked Beans Cole Slaw Fruit Milk	18 PB&J Uncrustable Baby Carrots w/Ranch Sunchips Fruit Milk	(M) Cereal Bar (T) Poptarts w/Cheesestick (W) Cinni Mini (Th) Muffins (F) Assorted Cereal
21 	22 	23 	24 	25 	(M) HOLIDAY (T) HOLIDAY (W) HOLIDAY (Th) HOLIDAY (F) HOLIDAY
28 	29 	30 	31 		(M) HOLIDAY (T) HOLIDAY (W) HOLIDAY (Th) HOLIDAY (F) HOLIDAY

“DUE TO CIRCUMSTANCES BEYOND OUR CONTROL, MENUS ARE SUBJECT TO CHANGE”

“This institution is an equal opportunity provider”

Helpful Information

Each breakfast meal contains 3 components
Grain, Fruit, Milk

Each lunch meal contains 5 components
Grain, Meat/Meat Alternate, Fruit, Veggie, Milk



The holidays are often filled with time-honored traditions that include some of our favorite meals and foods. As you celebrate, think of little changes you can make this holiday season to create healthier meals and active days. Classes will resume on Wednesday, January 5, 2021.

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