

# BRUNSWICK CENTRAL SCHOOLS

## BRITTONKILL

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### New York State Required BMI Survey

Dear Parent/Guardian:

As a part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI".

The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York States Education Law requires that BMI and weight status group be included as part of the student's health examination. A sample of school districts each year are selected to take part in a survey by the New York State Department of Health. The information sent to the New York State Department of Health will help officials develop programs that make it easier for children to be healthier.

Our school has been selected for the 2020/21 school year. We will be reporting to New York State Department of Health information about our student's weight status groups.

**Only a summary of information is sent. No names and no information about individual students are sent.** However, you may choose to have your child's information excluded from this survey report.

If you do not wish to have your child's weight status group information included as a part of the Health Department survey please email your child's school nurse by **December 1<sup>st</sup> 2020**.

Elementary School [jbaksa@brunswickcsd.org](mailto:jbaksa@brunswickcsd.org)  
Secondary School [mfarley@brunswickcsd.org](mailto:mfarley@brunswickcsd.org)

Or

[ccrucetti@brunswickcsd.org](mailto:ccrucetti@brunswickcsd.org)