

SILEX SCHOOL NOVEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 biscuit & gravy or cereal & biscuit chicken nuggets, potato triangles, corn, oranges water & milk	2 breakfast burrito or cereal & toast bbq pulled turkey, potato salad, baked beans, mixed fruit, water & milk	3 scramble egg or cereal & toast hot dog, chips, carrot sticks, apples slices, water & milk EARLY OUT!!!
6 omlete or cereal & toast bbq rib on bun, tator tots, celery sticks, peaches, water & milk	7 muffin or cereal & toast chicken quesadilla, shredded lettuce, tomatoes, pineapple water & milk	8 biscuit & gravy or cereal & biscuit chicken wings, potato salad, baked beans, oranges water & milk	9 pancake on stick or cereal & toast beefy mac & cheese, salad, breadstick, mixed fruit cup water & milk	10 bagel or cereal & toast roast beef, mashed potato w/gravy, green beans, cookie water & milk VETERENS DAY!
13 egg sandwich or cereal & toast hamburger, sweet potato fries, mix vegetables, peaches water & milk	14 cinnamon roll or cereal & toast nachos, shredded lettuce, black beans, pineapple water & milk	15 biscuit & gravy or cereal & biscuit orange chicken, egg roll, fried rice, orange slices, water & milk	16 breakfast sandwich or cereal & toast fish sandwich, french fries, coleslaw, frozen slush cup water & milk	17 scramble egg or cereal & toast pizza, salad, carrot sticks, applesauce water & milk
20 omlete or cereal & toast chicken sandwich, french fries, broccoli, peaches, water & milk	21 french toast or cereal & toast burritos, shredded lettuce, chips, pineapple, water & milk	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 egg on bagel or cereal & toast sloppy joe on bun, tator tots, broccoli, peaches, water & milk	28 granola bar or cereal & toast tacos, shredded lettuce, tomatoes, pineapple, water & milk	29 biscuit & gravy or cereal & biscuit popcorn chicken, mashed potato w/gravy, oranges water & milk	30 pancake on stick or cereal & toast chicken & noodles, peas, breadstick, mix fruit, water & milk	
This institution is an equal opportunity provider.				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on this menu				