

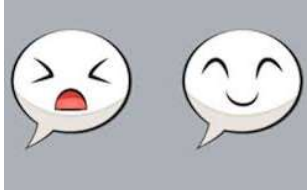






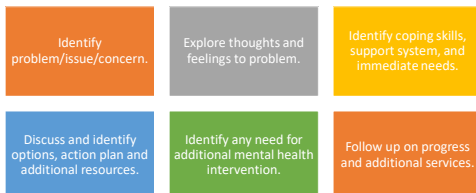
Debriefs

- Are conducted after every Forensic Interview and medical Exam
- Provide the client with an opportunity to de-escalate
- Provides the opportunity for client to leave the CAC with brief psychoeducation, positive coping skills, and being able to identify their support system
- If a parent is in crisis, a debrief can be conducted with them as well

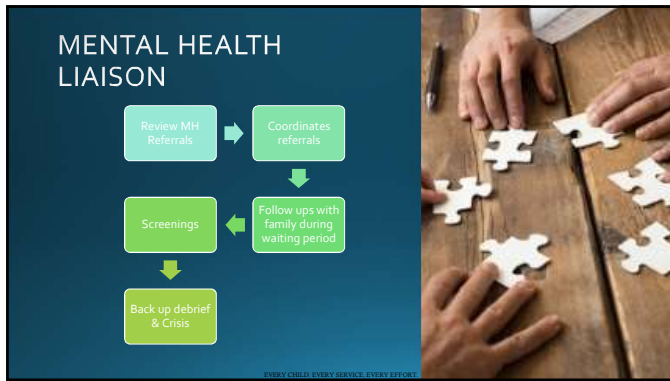


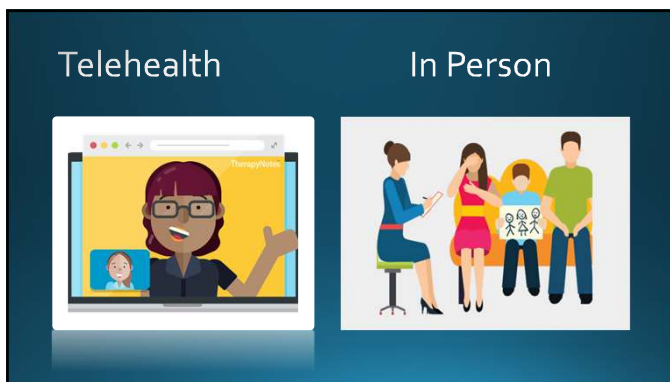


Crisis Intervention



EVERY CHILD. EVERY SERVICE. EVERY EFFORT.







What is Trauma?

- **“Sudden or unexpected events; the shocking nature of such events; death or threat to life or bodily integrity; and /or subjective feeling of intense terror, horror, or helplessness (American Psychiatric Association [APA], 2000, p. 463).”** (Cohen, Mannarino, & Deblinger, 2006)
- Impacts the way client’s view themselves, others, and the world.
- Includes treatment of PTSD, Depression, Anxiety, Adjustment Disorder, and other diagnoses.

Symptoms

- | | |
|--|---|
| <ul style="list-style-type: none"> • Avoidance • Fear • Intrusive thoughts • Anger/ irritability • Hypervigilance • Guilt • Sleep disturbance • Change in appetite • Excessive weight loss/gain • Difficulty trusting others | <ul style="list-style-type: none"> • Flashbacks • Dissociation • Changes in grades • Mood swings • Isolation/withdrawn • Anxiety • Low self-esteem • Sadness • Reckless/ self destructive behavior |
|--|---|

CAC Mental Health Services

- Trauma Focused- Cognitive Behavioral Therapy (TF-CBT)
 - Children ages 2-17
 - Memory of the trauma
 - Gradual exposure
- Cognitive Processing Therapy (CPT)
 - Adults and Adolescents
 - Cognitive base therapy

Life After Trauma:

- Crisis
 - Suicidal ideations/attempts
 - Self-harming behaviors
- Substance use
- Promiscuity
- Mental disorders
- Violence
- Runaway



Benefits of Treatment:

- Client learns healthy ways of managing distress.
- Improve their relationships with caregivers, siblings, peers, and significant others.
- Process through the trauma towards healing.
- Changing negative beliefs and views about themselves, others, and the world.
- Hope and goals for their future.
- Improve levels of functioning in home, school, work, and social environments.

Questions?
