

GISD School Health Advisory Committee

“SHAC” Meeting Minutes

11/02/22 5:00-6:00p

Mr. Dooley took attendance while people were joining the call.

Mr. Holman advised the group that this meeting will be recorded and posted to the website.

Meeting starts at 5:00pm

Individuals in Attendance (Virtual):

Blake Dooley, SHAC Co-Chair, GES Assistant Principal
Alejandra Caldera, SHAC Co-Chair, Parent
Jamie Majewski, SHAC Secretary, Parent
Gina Mersiovsky, SHAC Officer, Parent
Hope Siegmund, SHAC Officer, GHS/GMS Nurse
Kevin Rinn, Community Member, Pieratt's Pharmacy
Shane Holman, Assistant Superintendent
Sarah Janda, GES Nurse
Michael Mahoney, GIS Principal
Sheila Roper, GES Counselor
Kimberly “Jill” Smith-Mott, GHS Counselor
Karla Sparks, GHS Interim Principal
Cody Urban, GIS Counselor
Arturo Velasquez, GIS PE Teacher

Introduction – Mr. Holman:

Texas Law requires school districts to have a School Health Advisory Council Appointed by the Board which is comprised of 5 members and the majority being parents.

Agenda - Mr. Dooley:

- Explanation of SHAC's role in the district
- 8 components of a Health Program
- Goals of the School Year
- Future Meeting dates

What is SHAC's role:

This is a group of individuals which advise the district on student health and learning. SHAC is required to meet four times a year and an annual report must be presented to the school board at the end of the year.

8 Components of the School Health Program:

- Health Education

- Physical Education & Activity
- Health Services
- Nutrition Services
- Counseling, Psychological, and Social Services
- Healthy School Environment
- Staff Health & Wellness
- Family & Community Involvement

Goals for this Committee:

1. Kid's Heart Challenge
 - a. American Heart Association
 - i. This was done for the first time at GES last school year. It was very successful. The goal last year was to raise \$1,500 but the school raised over \$5,000. This was a great benefit for the students of GES. The American Heart Association donated a \$500 gift card and the school was able to purchase gym balls, jump ropes, and other gym equipment for the P.E. program.
 - ii. GES will be doing this again for the current school year and will be having a meeting with the American Heart Association after Thanksgiving if any other campuses are interested in participating.
2. Vaping at School
 - a. Mr. Holman advised that students vaping is a big issue and would like for this to be a topic of discussion for the committee.
 - i. Mr. Dooley will add this to the agenda for the next meeting in December and make it a goal.
 - ii. The committee will brainstorm to come up with ideas that will have a positive impact to help with this growing issue.
 - iii. Even though this is an issue for the older grades, it's important to start educating young kids on the dangers of vaping now.
3. Last Legislative Session
 - a. Mr. Holman advised of several house bills from the last legislative session that the school needs to be compliant with.
 - b. A sub-committee was suggested to research the new requirements.
 - c. Mr. Dooley made a motion to form the sub-committee and Mrs. Sparks seconded that motion.
 - d. The sub-committee will be comprised of Jill Smith Mott, Cody Urban, Karla Sparks, Blake Dooley, and Brittany Bigham.

Proposed future meeting dates:

Tuesday - December 6, 2022

Wednesday - February 8, 2023

Tuesday - April 4, 2023

Board Meeting Report in May

Cody Urban advised that BETA induction might interfere with the Dec. 6th date.
Basketball & Baseball games will be on Tuesday nights as well.

All future meetings will be held on Wednesdays at 5:00pm.

New future meeting dates:

Wednesday – December 7, 2022

Wednesday – February 8, 2022

Wednesday – April 5, 2023

Board Meeting Report in May

Motion to Adjourn Meeting – 5:24pm