

# Join Our Marathon Kids Running Club!

## WHAT IS MARATHON KIDS?

Getting kids active at a young age is game changing. These early years provide a critical window for creating a lifelong commitment to physical activity.

Marathon Kids running clubs are easy to set up and require little to no equipment. They are inclusive, allowing everyone to move and set individual goals.

## WHAT DO YOU GET?

**FUN.** A simple and effective program that gets kids moving.

**GOALS.** Opportunities for kids to learn effective goal setting.

**EXCITEMENT.** Fueling kids so they'll be active in other areas of life.

**REWARDS.** Incentives and rewards for kids who meet their goals.

WHERE:

WHEN:

COST:

HOW TO SIGN UP:

RUNNER INFORMATION:

[NAME]

[GRADE LEVEL]

[SHIRT SIZE]   YS   YM   YL   AS   AM   AL   AXL

COACH CONTACT:

[NAME]

[PHONE]

[EMAIL]

**MARATHON  
KIDS**

VISIT: [WWW.MARATHONKIDS.ORG](http://WWW.MARATHONKIDS.ORG) OR CALL: 512-477-1259 TO LEARN MORE



#### MESSAGE TO PARTICIPANTS

I'm coaching a NIKE Marathon Kids running club in our AGS school. I'm so excited to bring this to our community. These early years provide a critical window for creating a lifelong commitment to physical activity, and I'm dedicated to being a part of this. **I'm currently accepting kids from 4th to 8th Grade.**

#### HOW CAN PARENTS REGISTER THEIR CHILD FOR YOUR RUNNING CLUB?

Please fill out the attached form which includes the following information: Participants' first and last name, grade level and age, allergies or accommodations, T-shirt size; Parents' first and last name, email address, phone number. Email Kelly Gough with any questions [goughk@ags-schools.org](mailto:goughk@ags-schools.org)

#### WHAT IS THE DEADLINE and INFORMATION MEETING FOR PARENTS TO REGISTER THEIR CHILD?

October 30, 2017 @ 3:30 In Room #36 across from the Main Office

#### RUNNING CLUB COST?

The cost per child for a NIKE Marathon Kids running club is typically \$20. However, I have received a grant providing this opportunity to your child for FREE to the first 35 runners.

**START DATE\* Monday, November 6**

**END DATE\* no later than Tuesday, May 15, 2018**

#### WHICH DAYS OF THE WEEK WILL YOUR RUNNING CLUB MEET?

**We will have opportunities to run or walk together on Mondays and Tuesdays after school.**

