

Banana Muffins 2oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Pancake Wrap 2.85oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

French Toast Sticks 3.3oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Sweet Potato Swirl 2.7oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

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BREAKFAST PRICES

STUDENTS—FREE

TEACHERS--$2.00

AT COST--$2.25

**MENU IS SUBJECT TO CHANTE DUE TO AVAILABILITY:**

**NOTIFICATION STATEMENT: The St. Helena Parish Child Nutrition does not purchase Peanuts or Peanut Butter for meals; however, some products**

**sold may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.**

**\*\*\*According to the new meal pattern, meals will be served in portion size, which is divided into the grade group for the selected school.**

Sweet Potato Swirl 2.7oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Cereal & Graham Crackers 2oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Turkey Sausage on Bun 2.25oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Breakfast Pizza 3.31oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Mini Waffles 2.65oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Strawberry Pop Tarts 3.53oz

Canned/Fresh Fruit 1/2 Cup

100% Fruit Juice 4oz

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Sausage Biscuit 3.25oz

Canned/Fresh Fruit 1/2 Cup

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**NOVEMBER 2020**

ST. HELENA SCHOOL DISTRICT

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